

# Additional Help

Percentage of members who received some type of treatment or counseling (such as medical, psychological, spiritual, etc.) related to their drinking, either before or after coming to A.A.

## Before coming to A.A.

60%

79% of those members who received treatment or counseling said it played an important part in directing them to A.A.

## After coming to A.A.

56%

86% of those members who received treatment or counseling said it played an important part in their recovery from alcoholism.